



**The Jewish Heritage Club of
Valencia Lakes West**

NEWSLETTER APRIL 2018
www.jhcvlw.org

A MESSAGE FROM ADDIE

By the time you receive this Newsletter, our Database and Membership lists should both be updated. I want to thank all our members for their patience and continued support as we welcome all our new and returning members. Special thanks to Barbara Silver for her endless hours in updating our Database and coordinating with Marcy Hurwitz to coordinate our Membership List.

APRIL EVENT

Michelle Schaeffer

It's a Matter of Size

April 2, 7:00 p.m.

(Sign Up now in JHC binder)

This Israeli film is a hilarious and heart-warming tale about a coming out of a different kind: four overweight men who learn to love themselves through the sport of sumo wrestling.

Sign up to bring your favorite Passover Dessert to share. Please avoid the use of flour and leavening agents in keeping with Passover standards.

UPCOMING EVENTS

MAY 7 - Happy Birthday Israel, Celebrating 70 years

JUNE 4 – Rabbi Carla, Do the Right Thing

JHC CLUBHOUSE DISPLAY

This year marks the 70th anniversary of the birth of the State of Israel. The Jewish Heritage Club will have a shelf in one of the display cases in the clubhouse. We need your help to fill it with items that epitomize the birth of Israel. Here are some ideas of things you might have to help us make an outstanding display – small Israeli flags; anything that shows the logo for the 70th anniversary; books or items related to the founders of Israel; items native to Israel; anything else you think would fit in with our theme. Please call Barbara Silver at 301-509-8032 if you have something to share. Thank you in advance for helping us.

JEWISH NATIONAL FUND

Barbara Silver

Did you know JHC plants trees in Israel in memory of a member's immediate family member when we are notified of such a loss. For your convenience, you can now order trees from the Jewish National Fund through JHC in *honor or memory* of someone special in your life. Forms are available in the JHC binder in the Clubhouse. Simply fill out one form per tree, place it in an envelope with a check for \$14 per tree payable to the Jewish

Heritage Club, and mark the envelope "JHC Plant a Tree".

Our condolences to Sandee White on the loss of her dear husband Ken. A tree has been planted in Israel in memory of Ken. May his memory be a blessing always.

PASSOVER MARCH 30 – APRIL 7

Passover is one of the most commonly celebrated Jewish Holidays. It commemorates the emancipation of the Israelites from slavery in ancient Egypt as described in Exodus. It is observed by avoiding leaven and is highlighted by the Seder, a festive meal that involves the re-telling of the Exodus through stories and song and the consumption of ritual foods including Matzo and the Bitter Herbs.

The origins of Passover lie in pre-Israelite spring celebrations of the first grain harvest and the births of the first lambs of the season. When the Temple was in existence, Passover was one of the Three Pilgrimage Festivals during which the entire population of the kingdom of Judah made a pilgrimage to the Temple in Jerusalem. It was connected to the offering of the "first-fruits of the barley", barley being the first grain to ripen and to be harvested in Israel.

WHAT'S A HOLIDAY MEAL WITHOUT BRISKET (Compliments of Addie)

3 Ingredient Brisket

Brisket

1 14 oz. can whole berry cranberry sauce

1 26 oz. jar marinara sauce

Directions

Mix cranberry sauce and marinara sauce until berries break up.

Add a little sauce to cover bottom of baking pan.

Place brisket fat side up.

Pour remaining sauce over brisket.

Seal pan "tightly" with tin foil.

Bake in 325 oven for about 3 ½ hours, depending on size of brisket.

DO NOT open tin foil during cooking.

Slice when cool, freezes well.

Best next day or once defrosted and reheated.

MEET YOUR BOARD

Addie Unterlack, President

aunterlack@yahoo.com

Barbara Silver, VP at Large

codie0408@msn.com

Michelle Schaeffer, Events VP

michelle_schaeffer@sbcglobal.net

Marcy Hurwitz, Membership VP

marcywitz@gmail.com

Stan Zirowsky, Treasurer

szirif@yahoo.com

Andrea Goldhirsch, Secretary

andiek765@aol.com

**For more updates,
please visit our website at
www.jhcvlw.org**